

Is your child learning different languages?

Do you have any concerns about their language and communication?

Can children learn different languages?

Young children can learn multiple languages at the same time. They might show a preference for one language.

You can support your child's language development by speaking to them in the languages you are most comfortable with.

What are the benefits learning multiple languages?

When a child has strong skills in their first language, they are better able to learn additional languages.

Research shows that speaking multiple languages has positive impacts on a child's brain development and learning.

What can parents do to help?

If your child is having difficulty with understanding and following verbal information in their first language it is important to seek support early.

If you are speaking to your child in your home language you can support their exposure to English by attending playgroups, pre-school and other social activities.

Where to find help

You can discuss any concerns about your child's language and communication with:

- **Your local Child & Family Health Nurse**
- **Your Doctor**
- **Your local Community Health Centre/Speech Pathologist**



Important points to remember

- **You know your child best. If you think something is wrong, seek support**
- **Seeking help early is best but it is never too late to ask for help**
- **Take this handout to your Doctor to help discuss your concerns**
- **Remember you can get a second opinion if you feel your concerns are not being addressed**

This resource has been developed by the 'Stronger Seeds Taller Trees' project.

General Practitioners can access further information about this initiative by visiting the South Western Sydney Primary Health Network (PHN) online GP Newsletter.

[South Western Sydney Primary Health Network \(swsphn.com.au\)](https://www.swsphn.com.au)



STRONGER SEEDS, TALLER TREES
Increasing early supports to improve child outcomes

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